

Nail Care

CONTEST DATE & LOCATION: Refer to the Kansas State Championship Conference Packet

PURPOSE: To evaluate each contestant's preparation for employment and to recognize outstanding students for excellence and professionalism in the field of nail care.

ELIGIBILITY: Open to active SkillsUSA members enrolled in programs with cosmetology/ nail care as the occupational objective.

CLOTHING REQUIREMENT: Official SkillsUSA white dress shirt, black dress slacks, black socks (or skin-tone hose for women) and black leather, work or dress shoes.

NOTE: Solid white color dress shirt for contestants and white collarless blouse for models. If contestants have an Official SkillsUSA polo that may worn in place of the white dress shirt.

For models: Businesslike, white, collarless blouse; black dress slacks or skirt; black or skin-tone hose; and black shoes.

Official SkillsUSA white polo or Cosmetology attire



KANSAS STATE CHAMPIONSHIPS (KSC) CONTEST UPDATE



CONTEST SCHEDULE

- 8:00 – 8:15 Check in, turn in Nail art picture & Resume
- 8:15-8:45 Contestants take PD Test & Prejudging of models
- 8:45-9:45 Acrylic Nail Application
- 9:45- 10:45 Nail Tip & Gel Overlay
- 10:45 – 11:00 Judge Nails (bathroom Break)
- 11:00- 12:30 Nail Art & Polish Applied
- 12:30 – 1:00 Lunch
- 1:00 -1:15 Prejudging of models
- 1:15 – 2:00 Perform Pedicure
- 2:00 - 2:15 Judging of Pedicure
- 2:15 -2:45 Clean up Pedicure area
- 2:45 – 4:00 Written test and oral questions

CONTEST INSTRUCTIONS:

8:00-8:15 Contestant & Model Check In

Turn in Nail art picture or drawing, Resume. Once you have been checked in you will be escorted to your testing area and begin setup for your first round of test. Bag check will begin committee members will make sure that you have all proper items. **NO Cell Phones or immediate disqualification.**

8:15-8:45 Contestants take PD Test prejudging of contestants takes place

Oral Professional Development Assessment

Contestants will have 2-3 minutes to do a mock consultation on the benefits of natural nail care.

You can direct your presentation to the judges as if they were a client who came to you for a consultation. Presentation should cover the following points:

- Recommended natural nail care services
- Results the client should expect

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Pedicure

Contestants will set up for and perform a basic pedicure on one foot of their model. Procedures should include, but not limited to clipping, shaping toenails, pushing back cuticles, cleaning under toe nails, refining skin and polishing with callus sander. Crock pot to warm towels will be available. Based on industry standards, the following will be evaluated.

- Safe & sanitary procedures
- End results: Toenails length & shape, polish application, skin quality & and cuticle involvement

Acrylic Nail Application

1 Hour allotted- All five fingers of the model's right hand are to be sculpted with forms, (NO TIPS)

Using a two-toned French manicure technique. Based on salon quality nails, the following will be evaluated:

- Acrylic Application: product control, clarity/no bubbles, smile line c-curve, arch thinness, and continuity.
- Acrylic application: shape & length consistent finger to finger & proportionate to hand, High gloss shine and cuticle involvement.

Nail Tip & Gel Application

1 Hour allotted- All 5 fingers of models left hand are to have nail tips applied and overlaid. With a light cured gel system. Based on salon quality nails, the following will be evaluated:

- Tip application: fit & alignment
- Gel Application: product control, clarity/ no bubbles, smile line c-curve, arch thinness, and continuity.
- Acrylic application: shape & length consistent finger to finger & proportionate to hand, High gloss shine and cuticle involvement.

Nail Art & Application

1.5 Hours allotted for lacquer & Nail Art application

2 coats of dark red lacquer/polish to be applied to the model's right hand. The following will be

Evaluated:

- Neatness, coverage, evenness and cuticle involvement
- Nail art is to be applied to model's left hand. A specific theme is to be carried through on all fingers and in a written description. Contestants must have written and submitted a description of the theme they intend to create at contest check in. Theme should be typewritten, may be decorated and must be contained in a plastic sleeve. Diagrams of the art you intend to use, however, are limited to the finish product and may not be step by step instructions. All nail art must be created using polishes, lacquers, and/or paint only.

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- The Following will be evaluated:
- creativity, theme, follow through of theme, artist expression, and color coordination
 - Level of difficulty, Complexity of design
 - Precision, neatness and clarity of lines

Written test & Oral Questions

Test will consist of 50 Question over nail care, nail conditions & sanitation,
An oral evaluation will be conducted once written test is completed.

Equipment supplied by competition site:

1. Disinfectant tray systems with solution (for implements)
2. Technical guidelines for specific applications required to be performed
3. Plastic bags for disposal and refuse
4. Pedicure basin and disposable liner
5. Foot stool
6. Crock pot for hot towels for pedicure

Contest Guidelines

1. All Contestants must bring a model.
2. Contestants are not allowed to touch their models before or between segments of the competition.
3. Conversation between contestant and model is limited. Communication with observers, judges, and others are prohibited during the contest.
4. Disqualification or penalty points taken can occur for the following:
 - a. No Cell Phone or immediate disqualification
 - b. Leaving competition area before completion of model(applies to both model & contestant) without proper escort
 - c. Unauthorized use of a product that is not allowed or list below
 - d. Any products that look to of been altered
 - e. Talking
5. Contestants will take a 50 question, multiple choice, true or false quiz
6. Contestants will perform the following applications in time allotted:
 - a. Basic Pedicure on one foot (45 minutes)
 - b. French Sculptured Nails on 1 hand (1 hour)
 - c. Tips with light cured gel overlay (1 Hour)
 - d. Red polish application on one hand and nail art on one hand (1.5 hour)
7. All segments of work must be completed on the specified time during competition. No one will be allowed to start early on other areas of the contest.

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8. Each contestant must turn in a digital Photo and a written description of their nail art, school temporary license and a resume.
All three must be turned in by 8:15 Thursday morning

Contestants are to bring the following tools:

Blood spill kit (pedicure)

Towels for all services to be performed

Blood spill kit (manicure)

Hand sanitizer

Microbial cleanser

All implements needed to give a one-foot pedicure, such as:

Cuticle pusher

Cuticle nipper

File

Buffer

Callous file (no Cutting devices)

Creamy cuticle remover

Pedicure soak

Pedicure scrub

Pedicure lotion

Trash bag W/ tape to attach to table

Note: All containers must be labeled and contained in a portable organizer to transport all items.

Sanitizer

Blood spill kit(pedicure)

Red nail lacquer

Cuticle pusher

Cuticle nippers

Nail clippers

100 grit file

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180 grit file

Buffer

All items necessary to complete 5 nails with a tip and light cured gel overlay

All items to complete 5 nails sculptured acrylic. (2/toned French manicure)

Trash bag w/ tape to attach to table

Manicure lotion

All products needed to do nail art on 3 nails

Note: all acrylic products must be in original containers and be of the same brand.

All gel products must be in original containers and of the same brand.

All containers must be labeled.

Prohibited are the following:

Gel Polish, top coat, base coat, gems, jewels, skins, feathers, rhinestones, fabrics, foils, beads, decals/stencils or cast moldings.

The following items will be provided by the Technical Committee:

Pedicure basins & liners, crock pot for warm towels and 2 Barbacide containers